

# Nutrition Assistance Program

(for the Eligible Adult Head of Household)

## Self-Screening to determine a preliminary determination for NAP eligibility

There are **three** main criteria that must be considered for the determination of Eligibility:

- 1. Citizenship    2. Income    3. Resources**

### Citizenship Criteria require the individual must meet the following:

- U.S. Citizen
- U.S. National
- Lawfully admitted permanent residents (green card holders)
- A refugee who is admitted to the United States
- Certain aliens whose deportation is being withheld
- An alien granted asylum under the Immigration & Nationality Act

**Income Criteria require the household's monthly( gross) income is equal or below the following income eligibility standards. Gross means income before taxes and deductions.**

### Types of Income

Earned Income	Unearned Income	
<ul style="list-style-type: none"> <li>• Wages and Salaries</li> <li>• Self -Employment</li> <li>• Training allowance from Vocational &amp; Rehabilitative Programs</li> </ul>	<ul style="list-style-type: none"> <li>• Public Assistance Payments</li> <li>• Annuities</li> <li>• Pensions</li> <li>• Retirement</li> <li>• Veterans or Disability Benefits</li> <li>• Income of Ineligible or Disqualified Household Member</li> </ul>	<ul style="list-style-type: none"> <li>• Survivor's or Social Security Benefits</li> <li>• Support or Alimony Payments</li> <li>• Child Support Payments</li> <li>• Dividends</li> <li>• Interest or Royalties</li> <li>• Monetary Contributions</li> <li>• Gambling Winnings</li> <li>• Lottery Winnings</li> </ul>

### Income Eligibility Standards

Household Size	Gross Limit	Household Size	Gross Limit
1	\$1,632	6	\$4,546
2	\$2,215	7	\$5,129
3	\$2,798	8	\$5,712
4	\$3,380	9	\$6,295
5	\$3,963	10	\$6,878

**Resources are bank accounts. Resources Criteria require the household's "accessible" bank accounts are below the Resources Limit. Accessible means readily negotiable instruments.**

### Types of Resources

- Cash    • Checking Accounts    • Savings Accounts    • Savings Certificates    • Stocks and Bonds

### Resources Limits

Households with all members are aged 54 years old and below	Resources Limit <b>\$2,750</b>	Households with at least one member is aged 55 years or older	Resources Limit <b>\$4,250</b>
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**How is gross monthly income obtained from wages and salaries? Based on a bi-weekly pay? Gather your 3 most recent pay stubs and do the following.**

**Step 1**

Obtain the average of 3 pay stubs	Gross Pay stub 1	\$ 580.00	Computation rates based on frequency of pay	Weekly	4.33
	Gross Pay stub 2	\$ 623.50		Bi-Weekly	2.15
	Gross Pay stub 3	\$ 667.00		Monthly	1.00
	Total	\$ 1,870.50		Semi-monthly	2.00
	Divide by 3	\$ 623.50		<b>is the average</b>	

**Step 2**

Obtain the monthly gross	Average	\$ 623.50	
	Multiply by 2.15	\$ 1,340.53	<b>is the monthly gross pay (not yet pro-rated)</b>

**Step 3**

Pro-rate monthly gross income	In this example, the head of household is ineligible, his income must be pro-rated. Scenario: there are two ineligible parents and two U.S. Citizen children	monthly gross pay	\$	1,340.53
		Divide: 4 (total household members)	\$	335.13
		Multiply: 2 (eligible household members). Product is the <b>pro-rated monthly gross income</b>	\$	<b>670.27</b>

**Income Eligibility Standards**

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**Step 4**

Compare pro-rated monthly gross pay to Income Eligibility Standards	Pro-rated monthly gross pay <b>\$670.27</b>	compare the pro-rated monthly gross pay	with the gross limit for household size of 2 (eligible household members). It is below \$2,215 so the household has met the income criteria in this scenario.
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**Maximum Monthly Benefit Allotment**

Household Size	Saipan	Tinian	Rota & Northern Is.
1	\$431	\$456	\$524
2	\$790	\$836	\$961
3	\$1,132	\$1,198	\$1,377
4	\$1,437	\$1,520	\$1,747
5	\$1,707	\$1,806	\$2,076

**How is a benefit level determined? For households with earned income? (example: Household of size 4 on Saipan)**

Monthly gross pay	\$ 670.27	Household Size of 2 Maximum	
<b>Multiply: 30 percent (food budget)</b>	\$ 201.08	Monthly Allotment on Saipan	\$ 790.00
Rounded food budget	\$ 201.00	<b>Less: Rounded food budget</b>	\$ 201.00
		<b>Eligible Benefit Level</b>	<b>\$ 589.00</b>