

# Nutrition Assistance Program

(for the Eligible Adult Head of Household)

## Self-Screening to determine a preliminary determination for NAP eligibility

There are **three** main criteria that must be considered for the determination of Eligibility:

- 1. Citizenship    2. Income    3. Resources**

### Citizenship Criteria require the individual must meet the following:

- U.S. Citizen
- U.S. National
- Lawfully admitted permanent residents (green card holders)
- A refugee who is admitted to the United States
- Certain aliens whose deportation is being withheld
- An alien granted asylum under the Immigration & Nationality Act

### Income Criteria require the household's monthly( gross) income is equal or below the following income eligibility standards. Gross means income before taxes and deductions.

#### Types of Income

Earned Income	Unearned Income	
<ul style="list-style-type: none"> <li>• Wages and Salaries</li> <li>• Self -Employment</li> <li>• Training allowance from Vocational &amp; Rehabilitative Programs</li> </ul>	<ul style="list-style-type: none"> <li>• Public Assistance Payments</li> <li>• Annuities</li> <li>• Pensions</li> <li>• Retirement</li> <li>• Veterans or Disability Benefits</li> <li>• Income of Ineligible or Disqualified Household Member</li> </ul>	<ul style="list-style-type: none"> <li>• Survivor's or Social Security Benefits</li> <li>• Support or Alimony Payments</li> <li>• Child Support Payments</li> <li>• Dividends</li> <li>• Interest or Royalties</li> <li>• Monetary Contributions</li> <li>• Gambling Winnings</li> <li>• Lottery Winnings</li> </ul>

#### Income Eligibility Standards

Household Size	Gross Limit	Household Size	Gross Limit
1	\$1,632	6	\$4,546
2	\$2,215	7	\$5,129
3	\$2,798	8	\$5,712
4	\$3,380	9	\$6,295
5	\$3,963	10	\$6,878

**Resources are bank accounts. Resources Criteria require the household's "accessible" bank accounts are below the Resources Limit. Accessible means readily negotiable instruments.**

#### Types of Resources

- Cash   • Checking Accounts   • Savings Accounts   • Savings Certificates   • Stocks and Bonds

#### Resources Limits

Households with all members are aged 54 years old and below	Resources Limit <b>\$2,750</b>	Households with at least one member is aged 55 years or older	Resources Limit <b>\$4,250</b>
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**How is gross monthly income obtained from wages and salaries? Based on a bi-weekly pay? Gather your 3 most recent pay stubs and do the following.**

**Step 1**

Obtain the average of 3 pay stubs	Gross Pay stub 1	\$ 580.00	Computation rates based on frequency of pay	
	Gross Pay stub 2	\$ 623.50	Weekly	4.33
	Gross Pay stub 3	\$ 667.00	Bi-Weekly	2.15
	Total	\$ 1,870.50	Monthly	1.00
	Divide by 3	\$ 623.50 is the average	Semi-monthly	2.00

**Step 2**

Obtain the monthly gross	Average	\$623.50
	Multiply by 2.15	\$1,340.53 is the monthly gross pay

**Income Eligibility Standards**

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**Step 3**

Compare monthly gross pay to Income Eligibility Standards. Monthly gross pay \$1,340.53. compare the monthly gross pay with the gross limit for your household size. If the gross monthly income is equal or less than the gross limit then the income criteria was met.

**Maximum Monthly Benefit Allotment**

Household Size	Saipan	Tinian	Rota & Northern Is.
1	\$431	\$456	\$524
2	\$790	\$836	\$961
3	\$1,132	\$1,198	\$1,377
4	\$1,437	\$1,520	\$1,747
5	\$1,707	\$1,806	\$2,076
6	\$2,049	\$2,168	\$2,492
7	\$2,264	\$2,396	\$2,753
8	\$2,588	\$2,738	\$3,147
9	\$2,912	\$3,081	\$3,541
10	\$3,236	\$3,424	\$3,933
11	\$3,560	\$3,767	\$4,329
12	\$3,884	\$4,110	\$4,723
13	\$4,208	\$4,452	\$5,117
14	\$4,532	\$4,795	\$5,511
15	\$4,856	\$5,138	\$5,905

**How is a benefit level determined? For households with earned income? (example: Household of size 4 on Saipan)**

Monthly gross pay	\$ 1,340.53	Household Size of 4 Maximum	
<b>Less:</b> 10 percent for earned income	\$ 1,206.48	Monthly Allotment on Saipan	\$ 1,437.00
<b>Multiply:</b> 30 percent (food budget)	\$ 361.94	<b>Less:</b> Rounded food budget	\$ 362.00
Rounded food budget	\$ 362.00	<b>Eligible Benefit Level</b>	\$ 1,075.00