

# Nutrition Assistance Program

(for the Eligible Adult Head of Household)

## Self-Screening to determine a preliminary determination for NAP eligibility

There are **three** main criteria that must be considered for the determination of Eligibility:

1. Citizenship
2. Income
3. Resources

## Citizenship Criteria require the individual must meet the following:

- U.S. Citizen
- U.S. National
- Lawfully admitted permanent residents (Subject to applicable 5-year waiting period/exemptions)

## Income Criteria require the household's monthly( gross) income is equal or below the following income eligibility standards. Gross means income before taxes and deductions.

### Types of Income

| Earned Income                                                                                                                                                                  | Unearned Income                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Wages and Salaries</li> <li>• Self -Employment</li> <li>• Training allowance from Vocational &amp; Rehabilitative Programs</li> </ul> | <ul style="list-style-type: none"> <li>• Public Assistance Payments</li> <li>• Annuities</li> <li>• Pensions</li> <li>• Retirement</li> <li>• Veterans or Disability Benefits</li> <li>• Income of Ineligible or Disqualified Household Member</li> </ul> | <ul style="list-style-type: none"> <li>• Survivor's or Social Security Benefits</li> <li>• Support or Alimony Payments</li> <li>• Child Support Payments</li> <li>• Dividends</li> <li>• Interest or Royalties</li> <li>• Monetary Contributions</li> <li>• Gambling Winnings</li> <li>• Lottery Winnings</li> </ul> |

### Income Eligibility Standards

| Household Size | Gross Limit | Household Size | Gross Limit |
|----------------|-------------|----------------|-------------|
| 1              | \$1,632     | 6              | \$4,546     |
| 2              | \$2,215     | 7              | \$5,129     |
| 3              | \$2,798     | 8              | \$5,712     |
| 4              | \$3,380     | 9              | \$6,295     |
| 5              | \$3,963     | 10             | \$6,878     |

## Resources are bank accounts. Resources Criteria require the household's "accessible" bank accounts are below the Resources Limit. Accessible means readily negotiable instruments.

### Types of Resources

• Cash   • Checking Accounts   • Savings Accounts   • Savings Certificates   • Stocks and Bonds

### Resources Limits

|                                                             |                                   |                                                               |                                   |
|-------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------|-----------------------------------|
| Households with all members are aged 54 years old and below | Resources Limit<br><b>\$3,000</b> | Households with at least one member is aged 55 years or older | Resources Limit<br><b>\$4,500</b> |
|-------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------|-----------------------------------|

**How is gross monthly income obtained from wages and salaries? Based on a bi-weekly pay? Gather your 3 most recent pay stubs and do the following.**

**Step 1**

|                                   |                  |    |          |                                             |      |
|-----------------------------------|------------------|----|----------|---------------------------------------------|------|
| Obtain the average of 3 pay stubs | Gross Pay stub 1 | \$ | 580.00   | Computation rates based on frequency of pay |      |
|                                   | Gross Pay stub 2 | \$ | 623.50   | Weekly                                      | 4.33 |
|                                   | Gross Pay stub 3 | \$ | 667.00   | Bi-Weekly                                   | 2.15 |
|                                   | Total            | \$ | 1,870.50 | Monthly                                     | 1.00 |
|                                   | Divide by 3      | \$ | 623.50   | Semi-monthly                                | 2.00 |

**Step 2**

|                              |                  |    |          |                                                     |
|------------------------------|------------------|----|----------|-----------------------------------------------------|
| Obtain the monthly gross pay | Average          | \$ | 623.50   | <b>is the monthly gross pay (not yet pro-rated)</b> |
|                              | Multiply by 2.15 | \$ | 1,340.53 |                                                     |

**Step 3**

|                               |                                                                                                                                                                 |                                                      |    |          |
|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|----|----------|
| Pro-rate monthly gross income | In this example, the head of household is ineligible, his income must be pro-rated.<br>Scenario: there are two ineligible parents and two U.S. Citizen children | Monthly gross pay                                    | \$ | 1,340.53 |
|                               |                                                                                                                                                                 | Divide: 4 (total household members)                  | \$ | 335.13   |
|                               |                                                                                                                                                                 | Multiply: 2 (eligible household members).            |    |          |
|                               |                                                                                                                                                                 | Product is the <b>pro-rated monthly gross income</b> | \$ | 670.27   |

**Income Eligibility Standards**

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**Step 4**

|                                                                     |                                                |                                         |                                                                                                                                                               |
|---------------------------------------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Compare pro-rated monthly gross pay to Income Eligibility Standards | Pro-rated monthly gross pay<br><b>\$670.27</b> | Compare the pro-rated monthly gross pay | With the gross limit for household size of 2 (eligible household members). It is below \$2,215 so the household has met the income criteria in this scenario. |
|---------------------------------------------------------------------|------------------------------------------------|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|

**Maximum Monthly Benefit Allotment**

| Household Size | Saipan  | Tinian  | Rota & Northern Is. |
|----------------|---------|---------|---------------------|
| 1              | \$431   | \$456   | \$524               |
| 2              | \$790   | \$836   | \$961               |
| 3              | \$1,132 | \$1,198 | \$1,377             |
| 4              | \$1,437 | \$1,520 | \$1,747             |
| 5              | \$1,707 | \$1,806 | \$2,076             |

**How is a benefit level determined? For households with earned income? (example: Household of size 4 on Saipan)**

|                                           |    |        |                                  |                  |
|-------------------------------------------|----|--------|----------------------------------|------------------|
| Monthly gross pay                         | \$ | 670.27 | Household Size of 2 Maximum      |                  |
| <b>Multiply: 30 percent (food budget)</b> | \$ | 201.08 | Monthly Allotment on Saipan      | \$ 790.00        |
| Rounded food budget                       | \$ | 201.00 | <b>Less: Rounded food budget</b> | \$ 201.00        |
|                                           |    |        | <b>Eligible Benefit Level</b>    | <b>\$ 589.00</b> |