

Nutrition Assistance Program Guide

(for the Eligible Adult Head of Household)

Self-Screening to determine a preliminary determination for NAP eligibility

There are three main criteria that must be considered for determination of eligibility: **Citizenship, Income and Resources.**

Citizenship Criteria require the individual must meet the following:

- U.S. Citizen
- U.S. National
- Lawfully admitted permanent residents (green card holders)
- An alien granted asylum under the Immigration & Nationality Act
- A refugee who is admitted to the United States
- Certain aliens whose deportation is being withheld

Income Criteria require the household’s monthly (gross) income is equal or below the following income eligibility standards. Gross means income before taxes and deductions.

Types of Income

Earned Income	Unearned Income	
<ul style="list-style-type: none"> • Wages and Salaries • Self -Employment • Training allowance from Vocational & Rehabilitative Programs 	<ul style="list-style-type: none"> • Public Assistance Payments • Annuities • Pensions • Retirement • Veterans or Disability Benefits • Income of Ineligible or Disqualified Household Member 	<ul style="list-style-type: none"> • Survivor’s or Social Security Benefits • Support or Alimony Payments • Child Support Payments • Dividends • Interest or Royalties • Monetary Contributions • Gambling Winnings • Lottery Winnings

Income Eligibility Standards

Household Size	Gross Limit	Household Size	Gross Limit
1	\$1,064	6	\$2,930
2	\$1,437	7	\$3,304
3	\$1,810	8	\$3,677
4	\$2,184	9	\$4,051
5	\$2,557	10	\$4,425

Resources are bank accounts. Resources Criteria require the household’s “accessible” bank accounts are below the Resources Limit. Accessible means readily negotiable instruments.

Types of Resources

- Cash • Checking Accounts • Savings Accounts • Savings Certificates • Stocks and Bonds

Resources Limits

Households with all members are aged 54 years old and below	Resources Limit \$2,250	Households with at least one member is aged 55 years or older	Resources Limit \$3,500
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How is gross monthly income obtained from wages and salaries? Based on a bi-weekly pay? Gather your 3 most recent pay stubs and do the following.

Step 1			Computation rates based on frequency of pay	
Obtain the average of 3 pay stubs	Gross Pay stub 1	\$ 580.00	Weekly	4.33
	Gross Pay stub 2	\$ 623.50	Bi-weekly	2.15
	Gross Pay stub 3	\$ <u>667.00</u>	Monthly	1.00
	Total	\$ 1,870.50	Semi-monthly	2.00
	Divide by 3	\$ 623.50 is the average		

Step 2		
Obtain the monthly gross pay	Average	\$ 623.50
	Multiply by 2.15	\$ 1,340.53 is the monthly gross pay

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Step 3	Monthly gross pay	compare	with the gross limit for your household size. If the gross monthly income is equal or less than the gross limit then the income criteria was met.
Compare monthly gross pay to Income Eligibility Standards	\$1,340.53	the monthly gross pay	

Maximum Monthly Benefit Allotment

Household Size	Saipan	Tinian	Rota & Northern Is.
1	\$ 300	\$ 317	\$ 365
2	\$ 551	\$ 582	\$ 670
3	\$ 789	\$ 834	\$ 960
4	\$ 1,002	\$ 1,059	\$ 1,219
5	\$ 1,190	\$ 1,257	\$ 1,448
6	\$ 1,428	\$ 1,509	\$ 1,737
7	\$ 1,579	\$ 1,668	\$ 1,920
8	\$ 1,804	\$ 1,906	\$ 2,194
9	\$ 2,030	\$ 2,144	\$ 2,468
10	\$ 2,256	\$ 2,382	\$ 2,742

How is a benefit level determined? For households with earned income? (example: household of size 4 on Saipan)

Monthly gross pay	\$ 1,340.53	Household Size of 4 Maximum Monthly Allotment on Saipan	\$ 1,002.00
Less: 10 percent for earned income	\$ 1,206.48	Less: Rounded food budget	\$ 362.00
Multiply: 30 percent (food budget)	\$ 361.94	Eligible Benefit Level	\$ 640.00
Rounded food budget	\$ 362.00		